

FREE NAMI Basics Teachers Training!

Be Part of the NAMI-Basics Team in Connecticut!



NAMI Basics is the new NAMI National education program for parents and other caregivers of children and adolescents living with mental illnesses. The program was developed around elements that have been extensively tested and found to be highly effective in the field.

The Course will cover:

- Mental illness as a continuing traumatic event for the child and the family
- The emotional issues faced by family caregivers

and “well” children in the family

- The need to help lessen the day-to-day burdens of care and management
- Gaining confidence and stamina for what can be a lifelong role of family understanding and support
- Empowerment of family caregivers as effective advocates for their children

Individuals are encouraged to register with a training partner*

*All graduates expected to co-facilitate the NAMI Basics program at least once within six months of the training.

When?	Friday September 18th '09	3:00 pm - 7:00 pm
	Saturday September 19th '09	8:30 am - 6:00 pm
	Sunday September 20th '09	8:30 am - 1:00 pm

Where? Manchester Super 8 & Conference Center

Friday and Saturday overnight stays and all meals provided by NAMI-CT

Cost? None! It's FREE

For an application or for more information call:

Paloma B. Dee (860) 882-0236 Ext 27

